



The Muscular Dystrophy Campaign Nigeria

Strength. Independence. Life.



Muscular Dystrophy (MD) can affect anyone at any time

Do you know about muscular dystrophy and how it can affect you?

Are you or someone you know affected by Muscular dystrophy and struggle with everyday life?

Talking about MD with someone who cares & understands makes a difference

Contact us on

+234 815 954 2625 (Chioma)

+44 740 711 5775 (Obianuju)

By emails

info@themusculardystrophy.org

musculardystrophyng@gmail.com

Website - themusculardystrophy.org

Signs of Muscular Dystrophy

- Frequent falls, waddling gait, excessive fatigue
- Difficulty rising from a lying or sitting position.
- Difficulty moving, walking, running, jumping.
- Weakness in the arms and legs, twitching of the muscles
- Difficulty swallowing, breathing, drooping eyelids
- Muscle pain and stiffness.
- Learning disabilities, slurred speech, excessive daytime sleepiness (EDS)
- Scoliosis and contractures etc.

NB – The signs of MD depends on the type. There are over 60 types of MD

Giving you the support to live your best is our priority

What We Do?

*We provide practical and real time support for people living with MD by linking you to our specialist service providers/partners.

*Support families and friends of those affected by MD.

*We offer advice and information on how to manage the condition, as well as awareness campaigns on issues affecting people living with Muscular Dystrophy directly or indirectly.

Contact us on

+234 815 954 2625 (Chioma)

+44 740 711 5775 (Obianuju)

By emails

info@themusculardystrophy.org

musculardystrophyng@gmail.com

Website - themusculardystrophy.org

Services from our Partners

We support MD patients through top notch professional services provided by our partners in the following areas.

- ✓ Diagnostic assessment
- ✓ Diagnostic testing
- ✓ Counselling
- ✓ Physiotherapy
- ✓ Occupational Therapy support
- ✓ Procurement of mobility equipment
- ✓ Continuity of treatment
- ✓ Building friendship and emotional support

MD is genetic/inherited progressive muscle weakness that has no cure yet but can be managed

Muscular Dystrophy should not stop you from achieving your potentials. This is why we (TMDCN) are reaching out to you. We know with our support you can fly high. If I did it, so can you ... Obianuju says



Giving you the support to live your best is our priority