



The Muscular Dystrophy Campaign Nigeria

Are you or someone you know affected by Muscular Dystrophy?

Do you want to know more about Muscular Dystrophy?

Get in touch with us @ TMDCN

Giving you the support to live your best is our priority

Signs of Muscular Dystrophy

- Frequent falls, waddling gait, excessive fatigue
- Difficulty rising from a lying or sitting position.
- Difficulty moving, walking, running, jumping.
- Weakness in the arms and legs, twitching of the muscles
- Difficulty swallowing, breathing, drooping eyelids
- Muscle pain and stiffness.
- Learning disabilities, slurred speech, excessive daytime sleepiness (EDS)
- Scoliosis and contractures etc.

**NB – The signs of MD depends on the type.
There are over 40 types of MD**



Muscular Dystrophy can affect anyone at any time

Our Contacts

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Services from our Partners

We support MD patients through top notch professional services provided by our partners in the following areas.

- ✓ Diagnostic assessment
- ✓ Diagnostic testing
- ✓ Counselling
- ✓ Physiotherapy
- ✓ Occupational Therapy support
- ✓ Procurement of mobility equipment
- ✓ Continuity of treatment
- ✓ Building friendship and emotional support

MD is genetic/inherited progressive muscle weakness that has no cure yet but can be managed

Muscular dystrophy gets worse with time but can also be managed to give the best chance of maintaining ability and independent living

